



ESSENCE BAKERY CAFE

BREAKFAST MENU

We are proud to serve organic and local as much as possible! We serve organic eggs, cooked to order, and dairy products. Sub organic egg whites +\$1.95. We compost and recycle.

ENTREES

*Signature Sausage Turnover and Eggs Signature Puff Pastry Turnover filled with Local Sausage, Mushrooms & Gruyere Cheese with 2 Organic Eggs & Baked Tomato Provençale	\$11.25
*The Big Breakfast 2 Organic Eggs served with Mashed Potato Cake, Breakfast Sausage, Sautéed Mushrooms, Homemade Buttered Toast with Jam (available Vegetarian).....	\$11.25
Individual Quiche Lorraine with Bacon, Organic Spinach, Green Onions and Gruyere Cheese, served with Fresh Fruit (available Vegetarian)	\$10.25
*Classic Egg Sandwich Organic Egg Sandwich with Melted Dubliner Cheese on Toasted Brioche with Tomato (Ham +\$1.10, Bacon +\$2.65, Avocado +\$.90, Wilted Organic Spinach +\$1.00, on Butter Croissant +2.00).....	\$6.75
*Huevos Frenchos French Style Scrambled Organic Eggs Topped with Avocado and Fresh Tomato Salsa, served with Roasted Fingerling Potatoes (Add Bacon or Sausage +\$2.65).....	\$8.95
Essence French Scrambled Eggs Slow Cooked Scrambled Organic Eggs with Chives, Dijon Mustard, Cream & Parmesan Cheese. Served with Toast & Jam or Seasoned Tomatoes. (Add Bacon or Sausage +\$2.65).....	\$8.75
Served with both Toast & Jam and Seasoned Tomatoes. (Add Bacon or Sausage +\$2.65).....	\$9.65
Signature Brioche French Toast	
Served with Rich Banana-Caramel Sauce with Toasted Hazelnuts (Add Bacon or Sausage +\$2.65)	\$9.25
Served with Seasonal Organic Fresh Fruit Compote and Creme Chantilly (Add Bacon or Sausage +\$2.65).....	\$9.95
Buttermilk and Organic Oat Pancakes	
Served with Organic Maple Syrup and Salted Butter (Add Bacon or Sausage +\$2.65).....	\$9.25
Served with Seasonal Organic Fresh Fruit Compote and Creme Chantilly (Add Bacon or Sausage +\$2.65).....	\$9.95
Eugenia's Hot Breakfast Cereal Organic Oat, Wheat Bran, Flax Meal, Wheat Germ, Raw Sugar and Organic Almond Milk, Topped with Organic Yogurt & Toasted Pecans (Add Fresh Fruit +\$2.50)	\$6.85
Essence Organic Granola Our Blend of Organic Oats, Barley Flakes, Wheat Flakes, Walnuts, Sunflower Seeds, Pumpkin Seeds and Organic Honey. Served with Organic Almond Milk and Organic Dates. (Add Fresh Fruit +\$2.50)	\$7.35
Served with Organic Homemade Yogurt and Organic Dates. (Add Fresh Fruit +\$2.50).....	\$8.25

SIDES

Homemade Thick Buttered Toast and Jam	\$4.50
Organic Green Salad with Zinfandel Vinaigrette	\$4.25
Side of Homemade Organic Yogurt	\$4.00
Schreiner's Breakfast Sausages (2)	\$5.25
Warm Pepper Bacon (4)	\$5.25
Mashed Potato Cake	\$4.75
Roasted Fingerling Potatoes	\$4.75
Sautéed Fresh Mushrooms	\$4.75
Baked Tomato Provençale	\$4.50
Bowl of Fresh Seasonal Fruit	\$6.95
Fresh Tomato Salsa	\$0.75

ASK ABOUT OUR VEGAN AND GLUTEN-FREE OPTIONS

*Consuming raw or undercooked meats, or eggs may increase your risk of foodborne illness.

Buy local. Eat well. Preserve the Planet.

ARCADIA

3830 E. Indian School Rd. Tuesday-Sunday
Phoenix, Arizona 85018 6:30am to 3:00pm
Ph 602-296-4958