



ESSENCE BAKERY CAFE

BREAKFAST MENU

We are proud to serve local and organic as much as possible! We compost and recycle. Our eggs and dairy are organic and cooked to order.

ENTREES

*Signature Sausage Turnover and Eggs Signature Puff Pastry Turnover filled with Local Sausage, Mushrooms & Gruyere Cheese with 2 Organic Eggs & Baked Tomato Provençale	\$10.75
*The Big Breakfast 2 Organic Eggs served with Mashed Potato Cake, Breakfast Sausage, Sautéed Mushrooms, Homemade Buttered Toast with Jam (available Vegetarian).....	\$10.75
Individual Quiche Lorraine with Bacon, Organic Spinach, Green Onions and Gruyere Cheese, served with Fresh Fruit (available Vegetarian)	\$9.75
*Classic Egg Sandwich Organic Egg Sandwich with Melted Dubliner Cheese on Toasted Brioche with Tomato (Ham +\$1.10, Bacon +\$1.50, Avocado +\$.90 on Butter Croissant +\$2.00).....	\$6.50
*Huevos Frenchos French Style Scrambled Organic Eggs Topped with Avocado and Fresh Tomato Salsa, served with Roasted Fingerling Potatoes (Add Bacon or Sausage +\$2.50).....	\$8.75
Essence French Scrambled Eggs Slow Cooked Scrambled Organic Eggs with Chives, Dijon Mustard, Cream & Parmesan Cheese with Homemade Buttered Toast & Jam (Add Bacon or Sausage +\$2.50).....	\$8.25
Signature Brioche French Toast Served with Rich Banana-Caramel Sauce with Toasted Hazelnuts (Add Fresh Fruit +\$2.00).....	\$8.95
Eugenia's Hot Breakfast Cereal Organic Oatmeal, Wheat Bran, Flax Meal, Wheat Germ, Raw Sugar and Organic Almond Milk, Topped with Organic Yogurt & Toasted Pecans (Add Fresh Fruit +\$2.00)	\$6.50
Essence Organic Granola Our Blend of Organic Oats, Barley Flakes, Wheat Flakes, Walnuts, Sunflower Seeds, Pumpkin Seeds, Organic Honey, Dates and Organic Almond Milk (Add Fresh Fruit +\$2.00, Add Yogurt +\$0.65).....	\$6.95

SIDES

Signature Homemade Toasted Bread and Jam	\$4.50
*Egg (1)	\$1.50
*Eggs (2)	\$3.00
Breakfast Sausages (2)	\$4.95
Pepper Bacon (4)	\$4.95
Mashed Potato Cake	\$4.75
Roasted Fingerling Potatoes	\$4.50
Sautéed Fresh Mushrooms	\$4.50
Baked Tomato Provençale	\$4.50
Bowl of Fresh Seasonal Fruit	\$6.50
Fresh Tomato Salsa	\$0.75

ASK ABOUT OUR VEGAN AND GLUTEN-FREE OPTIONS

*Consuming raw or undercooked meats, or eggs may increase your risk of foodborne illness.

Buy local. Eat well. Preserve the Planet.

ARCADIA

3830 E. Indian School Rd. Tuesday-Sunday
Phoenix, Arizona 85018 6:30am to 3:00pm
Ph 602-296-4958 Closed Monday

TEMPE

825 W. University Dr. Tuesday-Saturday
Tempe, Arizona 85281 7:00am to 3:00pm
Ph 480-966-2745 Closed Sunday & Monday